



St Mark's CofE Primary School

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News Update – Friday 5th January, 2018



A Message From Mr Applegate

Welcome back! We hope you have had a wonderful Christmas break, and that 2018 has started well. It's a tough getting going, but we are excited about the year ahead.

Before the break, you should have received your child's end of term report. We know it is a new system but we hope you find it valuable to be able to track your child's progress more carefully throughout the year. We are running Parents' Evenings slightly earlier this year to provide an opportunity to talk about progress. Your feedback about the reports is very welcome too. We want to improve them for next time. Online booking for parents' evening appointments are 15th – 26th Jan.

We're pleased to announce our new pastoral team called 'The Ark'. Mrs Greer leads our team of Miss Campbell and Mrs Bennett in offering support to our children in a variety of ways.

Finally, if you have a question or an issue, please do contact your child's class teacher first of all. They may speak to the year group leader. If things can't be answered or resolved, then our senior leadership team will help out too. Thank you.

Respond To School At Home

Our theme in the New Year will be 'humility'- serving others, being unselfish, thinking of others more highly than ourselves. We will look at how Jesus was a great example of what it means to be humble and serve others. We will also be looking at a different learning behaviour each week. We'll let you know the learning behaviour so that you can talk about it at home, too.

INSET Day

Friday 19th January

Parents' Evenings

Wed 31st an 4pm-6.30pm

Mon 5th Feb 4pm-6.30pm

Thurs 8th Feb 5pm-8pm

Clubs

A letter about the clubs on offer this term has gone out. Please return ASAP. Thank you.

New mobile number or email address?

Don't forget to let the office know. It's vital that we have correct and current contact details. Thanks!

Internet Safety- For Parents

Monday 15th Jan, 6:30pm

Come and hear from Paul Hay, internet safety expert. He will be running workshops for children in day, and an information session for parents in the evening at 6:30pm.

NSPCC Workshops

Tues 23rd Jan, Thurs 1st Feb

The NSPCC are running assemblies and workshops for children about 'Pants are Private'. Please speak to your child's teacher in advance if you feel your child may find these sessions difficult for any reason. See the 'letters' section on our website for more information.



Tech @ School

Please don't bring in technology like Fit Bits or Apple Watches. We think they are great, but not at school ☺

My New Year's resolutions are:

1. Stop making lists.
2. Be more consistent.
7. Learn to count.



Head Teacher: Mr Charles Applegate
Deputy Head: Mrs Claire Cooper
Assistant Head: Mrs Nicola Ford
Assistant Head: Mrs Rebekah Alsey





Dates for your diary....

Spring Term

Internet Safety Workshop

Monday 15th January

INSET day

Friday 19th January

Parents' Evenings

Wed 31st an 4pm-6.30pm

Mon 5th Feb 4pm-6.30pm

Thurs 8th Feb 5pm-8pm

Half-term

Feb 12th – 16th

INSET day

Thursday 29th March

Easter break

Mar 30th – Apr 13th

Summer Term

First day

Monday 16th April

May Day Bank Holiday

May 7th

Half-term

May 28th – June 1st

INSET day

Monday 4th June

Last day of term

July 23rd

Look out for the year group newsletters coming out soon, telling you of the projects being taught this term.

We've reviewed our homework policy. Homework at St Mark's should:

- Re-inforce learning of key skills
- Build discipline and pride
- Support parent/child engagement
- Be achievable
- Increase in amount as the child gets older
- Not be overwhelming for children, parents or teachers.
- Prepare children for the demands of secondary school.

Don't forget that any planned absence from school needs to be requested using a school form. The school follows Hampshire's policy on absences and penalty notices. A school has to do significant paperwork when a penalty noticed is issued-equivalent to several hours per penalty notice. In a school our size, this is a significant amount of time that gets redirected from other tasks.

Themes This Half-term

Wk Beg

4.1.18

8.1.18

15.1.18

22.1.18

29.1.18

5.2.18

Learning Behaviour

Respect

Curiosity

Risk Taking

Pride

Resilience

Responsibility

Key Question

What is humility?

Jesus' humility

Why is humility important?

What types of humility are there?

Why is humility important to Christians?

How can humility make a difference?

Quick Links

YR

Y1

Y2

Y3

Y4

Y5

Y6

Bridge

Don't forget that teachers write a fortnightly update about what is happening in their year group.

Visit our website and click on the correct link. The updates also get published to our Facebook page.

Advice on Childhood Illnesses

Go to school: if needed get treatments as shown

Can be spread to other children. Some restrictions for school attendance

Don't go to school and see the GP

What it's called	What it's like	Going to school	More advice
Chicken Pox	Rash begins as small, red flat spots that develop into itchy fluid-filled blisters		Back to school 5 days after the onset of the rash
Common cold	Runny nose, sneezing, sore throat		Children should be given paracetamol, plenty of fluids to drink and can be sent to school. Ensure good hand hygiene – dispose of tissues and regularly wash hand with soap and water*
Conjunctivitis	Teary, red, itchy, painful eyes		Treatment is not usually required. Try not to touch eye to avoid spreading
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Children should go back to school when recovered - this is usually about five days. Ensure good hand hygiene*
Glandular Fever	High temperature, sore throat (usually more painful than any before) and swollen glands		Child needs to be well enough to concentrate at school
Hand, Foot and Mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth and on tongue and gums (may also appear on hands and feet)		Children can go to school with hand, foot and mouth disease
Head Lice	Itchy scalp (may be worse at night)		Treat child and all other family members by wet combing with a nit comb and conditioner
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		See GP. Back to school when the lesions crust over or 48 hours after the start of antibiotics
Measles	Fever, cough, runny nose, and watery inflamed eyes. Small red spots with white or bluish white centres in the mouth, red blotchy rash		Contact your GP (by phone initially) if you think that your child might have measles. Back to school 4 days from on-set of rash
Ringworm	Red ring shaped rash , may be itchy rash, may be dry and scaly or wet and crusty		See pharmacist for advice about treatment.
Scabies	Intense itching, pimple-like rash . Itching and rash may be all over the body but is commonly between the fingers, wrists, elbows and arms		See pharmacist for advice about treatment. Back to school after first treatment
Scarlet fever / strep throat	Severe sore throat and painful glands in neck. No runny nose or cough. Associated with sandpaper-like pink/red rash in scarlet fever.		See G.P. Return to school 24 hours after starting antibiotics
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister type rash.		Only stay off school if rash is weeping and not covered
Sickness bug/diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Return to school 48 hours after the last episode of diarrhoea or vomiting. See G.P if they appear to be getting dehydrated (passing little urine or becoming lethargic)
Threadworms	Intense itchiness around the anus		Get treatment from local pharmacy or GP. Everyone at home should be treated
Mild tonsillitis	Sore throat associated with runny nose or cough		See G.P if they are not starting to improve or fever persists for more than 5 days

Please visit the following websites for more information:

[Should your child go to school](#)

[Worried your child is unwell](#)

This information is a guide and has been checked by health professionals, however if you are unsure about your child's wellbeing we recommend you contact your pharmacy or GP to check

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Healthier Together

Improving the health of children and young people in Dorset, Hampshire and the Isle of Wight

NHS