



*As we gather in God's love*



*Let us grow and learn together*

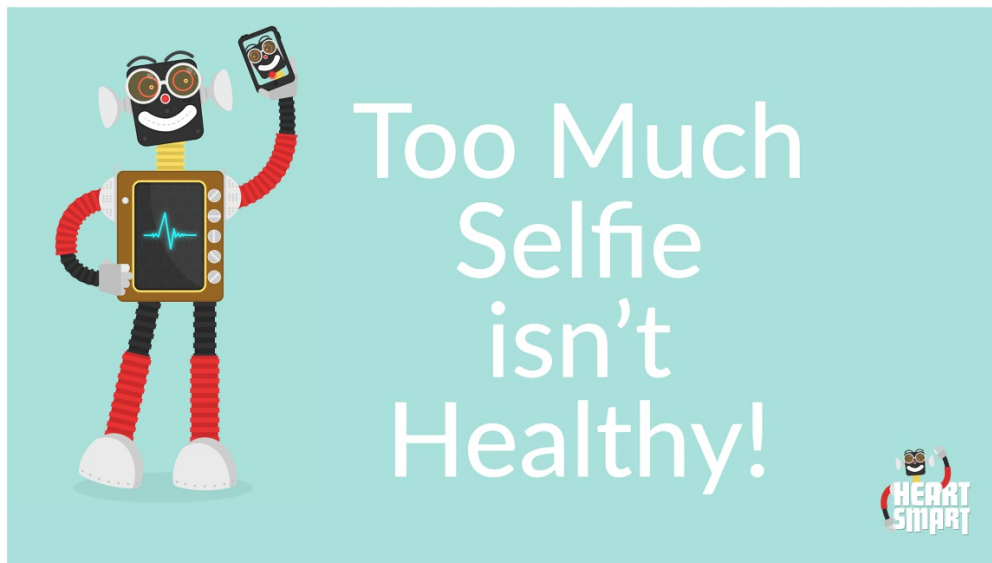
*Dear Lord Jesus  
We light this candle  
to remind us that  
You are the light of the world.*



*This term our Christian Value is...*



*and our Heartsmart High Five is...*



*This term our Learning Behaviours are...*



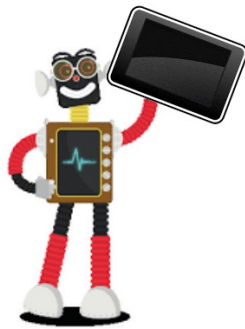
## Helping Boris



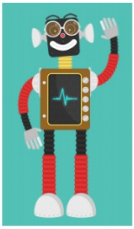
Boris has got a new tablet but he doesn't know how to use it.

Do you have a tablet, a computer or a phone at home? What do you like to watch or play on it?

Can you think of some top tips to help Boris learn how to stay safe when he is using his new tablet?



Staying safe online is a bit like staying safe in the real world. Spend some time talking about online safety with your grown up. Use the next page to help with ideas.



## HeartSmart Top Online Safety Tips

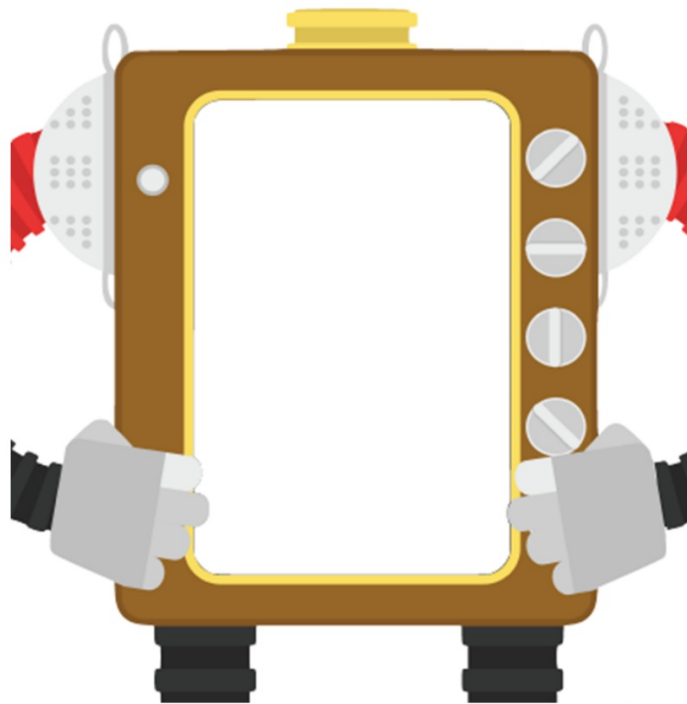
- Ask a parent or carer before you play or watch anything.
- Don't talk to strangers.
- Stay near your parent or carer as you play.
- Tell your parent or carer if you see anything that makes you sad, scared or worried.
- Be smart with your heart when you talk to friends online.
- Turn your device off when you are told to.

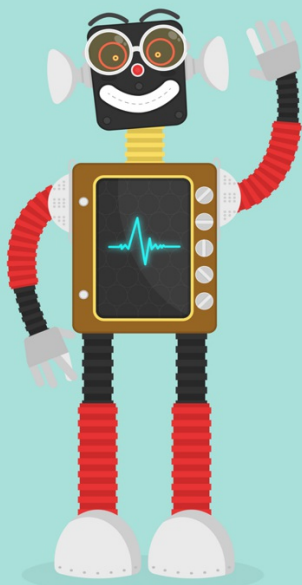


Activity:

Draw a picture inside Boris' tummy to show one of the rules for keeping safe online.

"How can I stay safe online?" asks Boris.





Boris says

"Thank you for  
helping me to  
stay safe  
online!"



## Let Us Pray



Dear Lord

Thank you for the devices that we have that help us to learn and help us to have fun. At the moment, we are especially grateful that we can use them to keep in touch with our family and our friends. Please help us to stay safe and to always be respectful, responsible and Heartsmart when we use them.

Amen.

## **Build it high**

*We've got a problem,  
We can work it out.  
Let's get together,  
That's what it's all about.  
Got to build it, build it high.  
Got to build it, build it high.*

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**Don't give in because you fail your first attempt.  
Don't start shouting, what's the point in argument?  
Let's stand united, take the challenge in our stride.  
Just remember that we're on the same side.**

***We've got a problem,  
We can work it out.  
Let's get together,  
That's what it's all about.  
Got to build it, build it high.  
Got to build it, build it high.***

**Don't start blaming someone else when things go wrong.  
That's wasting precious time and we don't have too long.  
No use in panic when the situation's grim,  
Trust in teamwork and let the game begin!**

***We've got a problem,  
We can work it out.  
Let's get together,  
That's what it's all about.  
Got to build it, build it high.  
Got to build it, build it high***

**Build it high,  
Build it high,  
Build it high.**

*Peace be with you*  
*And also with you*



*Peace*

