

Getting started: Each box has two comments that parents/carers may say to their children. Read the two comments, choose which **one** comment you would prefer to hear and circle that letter. When you have finished count how many A,B,C, D and E's you have circled. Write your scores at the end of the sheet to find out your love language.

A Give me a hug!

B You are terrific!

B You did a great job!

C You've earned a special surprise!

C I've got a special birthday present for you.

D I'll help you with your project.

D You can invite your friends.

E Let's go to your favourite restaurant.

E Let's go to a watch a movie!

A Give me a High 5!

A I'm going to give you a big hug!

B You're a great kid!

B You're so smart!

C Have you made your Christmas list?

C I made your favourite food.

D I checked your homework and it looks great!

D Would you help me cook dinner?

E I like going to fun places with you!

E You are fun to hang out with!

A I'll race you!

A Give me a kiss!

B You are awesome!

B Wow! You did it!

C Check under your bed for a special present.

C I've got a surprise for you.

D We can make something really cool.

D I cleaned your room for you.

E Let's play a game together.

E Let's watch TV together.

A Tag, you're it!

A Would you like me to scratch your back?

B You can do it! Don't give up!

Don't Forget to Let Love in!

C What would you like for your birthday?

D We can pick your friend up on the way to the movie.

B How did you know how to do that? You are brilliant!

C I can't wait to give you your present!

E I always like doing stuff with you.

A You are so huggable!

D Don't worry, I'll pick you up on time.

E Let's spend the day doing whatever you want.

How many A's did you circle? _____

A's stand for physical touch. People whose love language is physical touch like to receive hugs, kisses, and high-fives.

How many B's did you circle? _____

B's stand for words of affirmation. People whose love language is words of affirmation like for others to use words to tell them that they are special and that they do a good job.

How many C's did you circle? _____

C's stand for gifts. People with the love language of gifts feel good when someone gives them a special present or surprise to show they are thinking of them.

How many D's did you circle? _____

D's stand for acts of service. A person whose love language is acts of service likes it when others do nice things for them such as helping with chores, helping with school projects, or driving them places.

How many E's did you circle? _____

E's stand for quality time. People with the love language of quality time like it when others do things with them like play a game, watch television, or go on an outing.

Look at your scores. The highest score represents your primary love language - how you most like to receive love. This doesn't mean the others aren't important, it just means that this is your favourite.

Taken from The 5 Love Languages® for Children ©2012. By Dr Gary Chapman

