



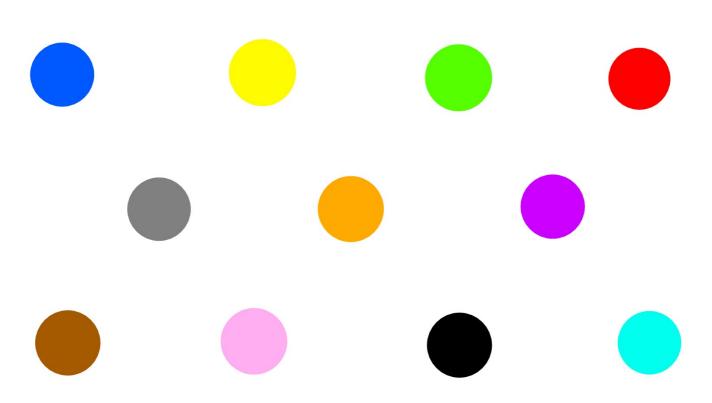


Can you talk to your grown-up about a time that you felt sad and then became happy?

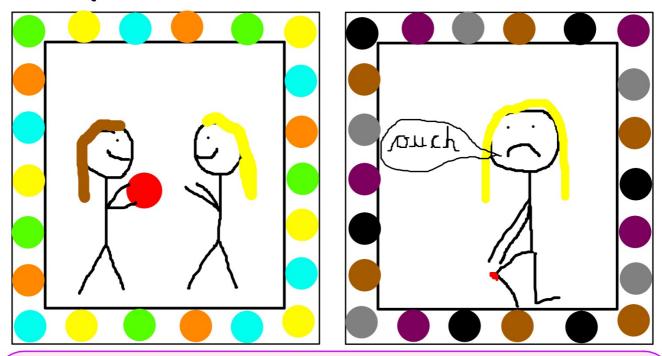




Have a chat with your grown-up, which colours make feel happy and sad?



Your job...



Can you draw a happy picture and decorate the border in happy colours. Then draw a sad picture and decorate the border in sad colours.