

Let's go to the  
**Dough Disco**



By Shonette & Amy



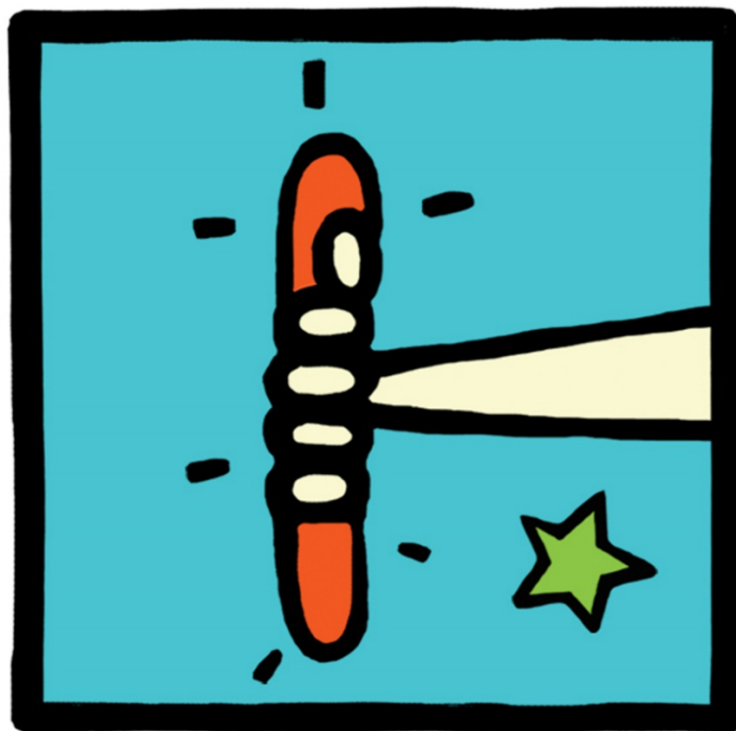
Are your fingers ready?

Have you got your -**Disco Dough** ready?



Put the Song on and let's go...

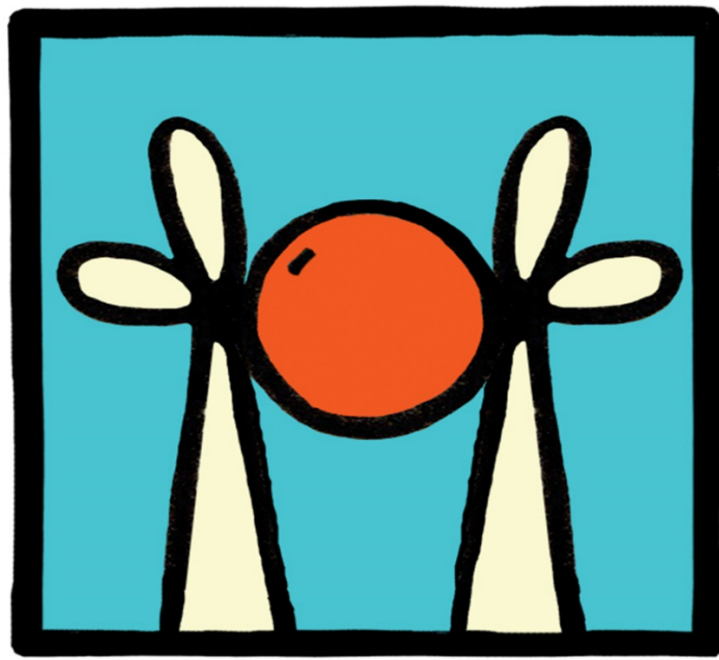
## Move I



Squeeze and Squeeze

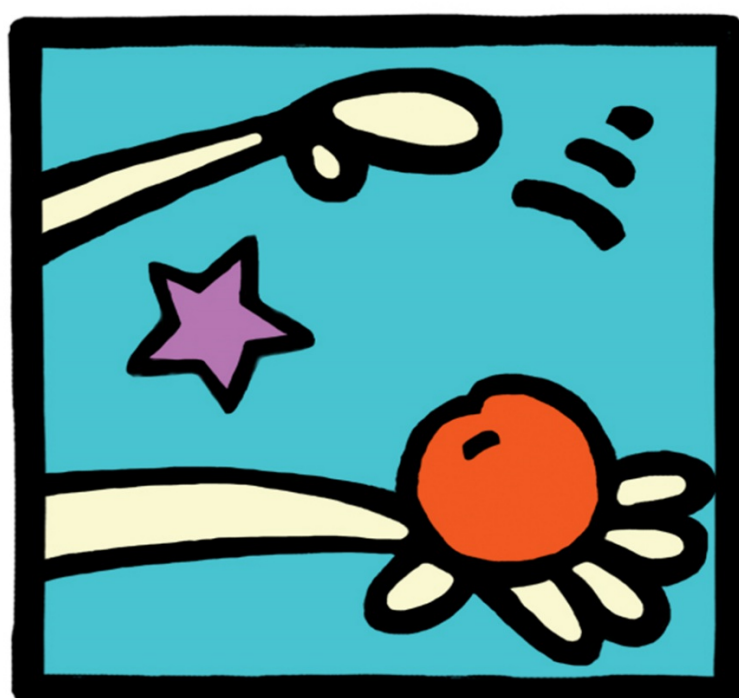
★ Now the other hand ★

**Move 2**



Ball it and ball it

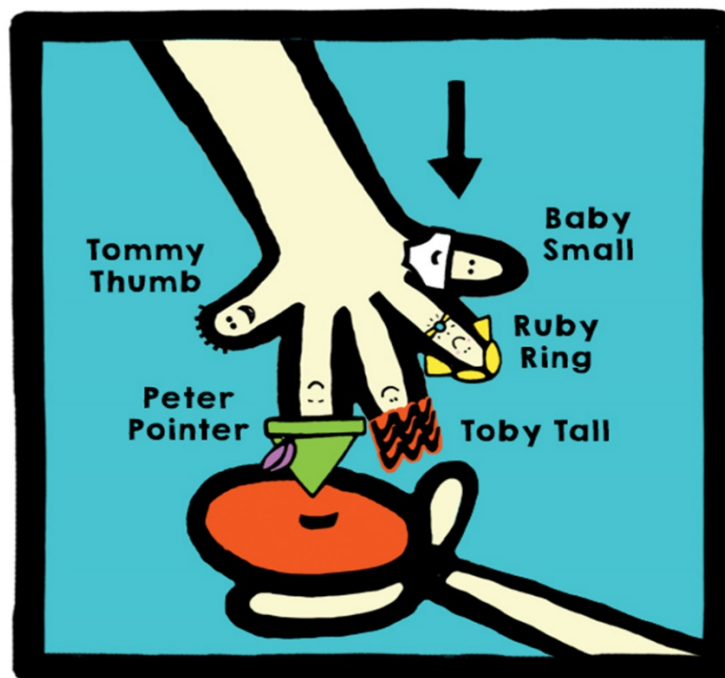
### Move 3



Smack it! Smack it!

★ Now the other hand ★

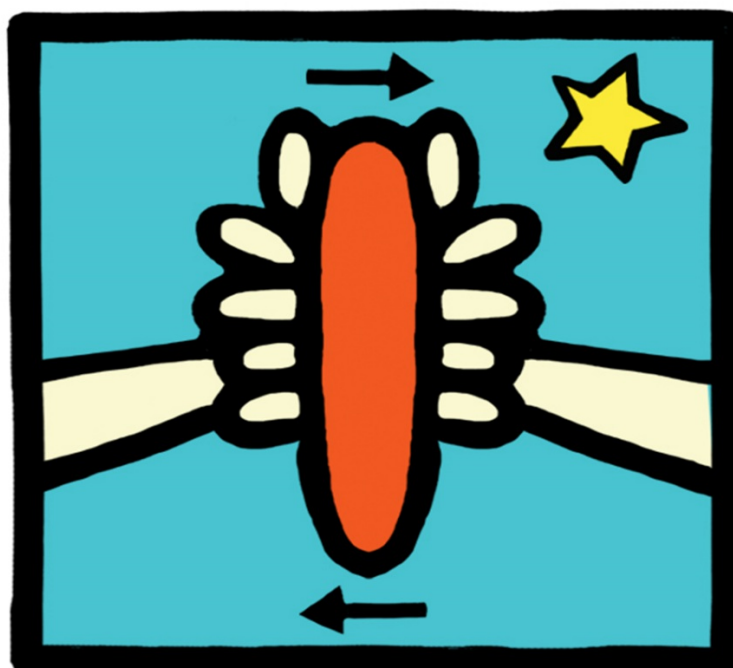
## Move 4



Take each finger on the dance floor

★ Now the other hand ★

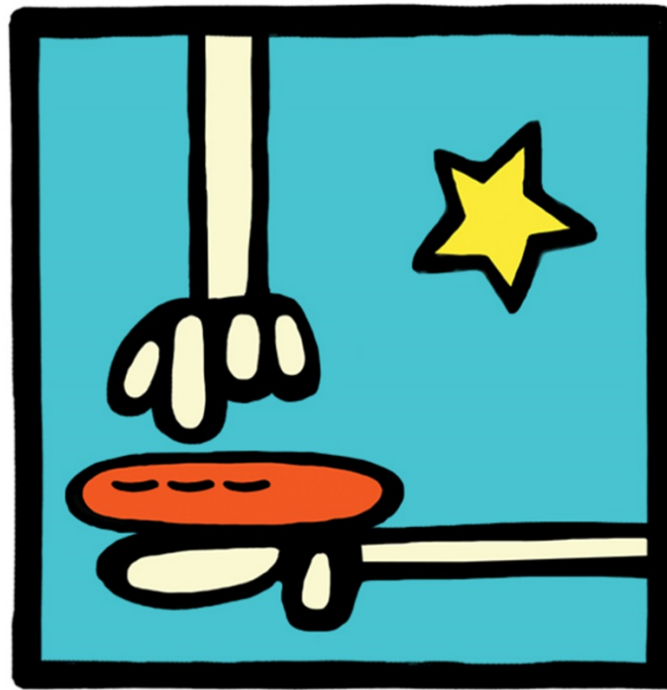
## Move 5



Let's make a SauSage!

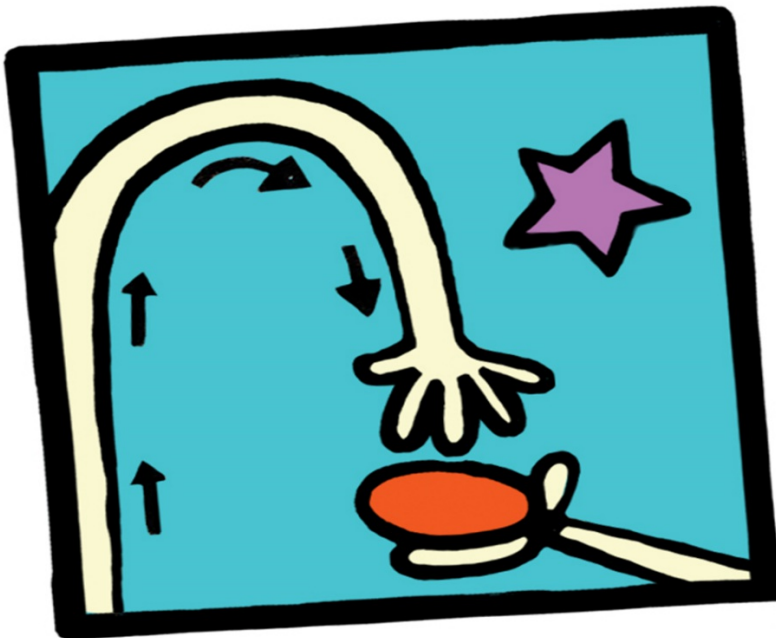


Move 5 continued...  
Can you nip your SauSage?



Ouch ouch is it hurting your SauSage?

## Move 6

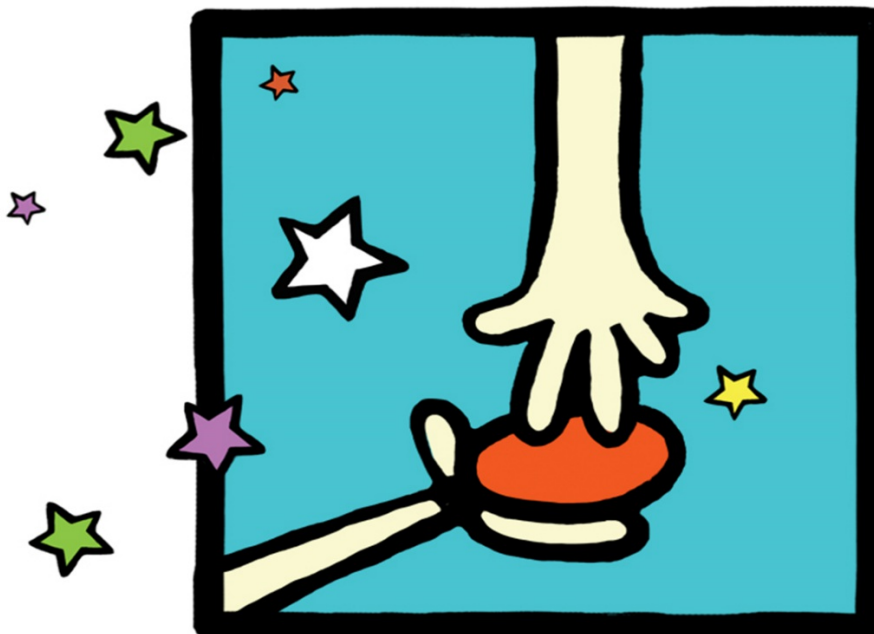


Our fingers  
are going  
diving! One  
at a time!

Whoo! Whee!

★ Now the other hand ★

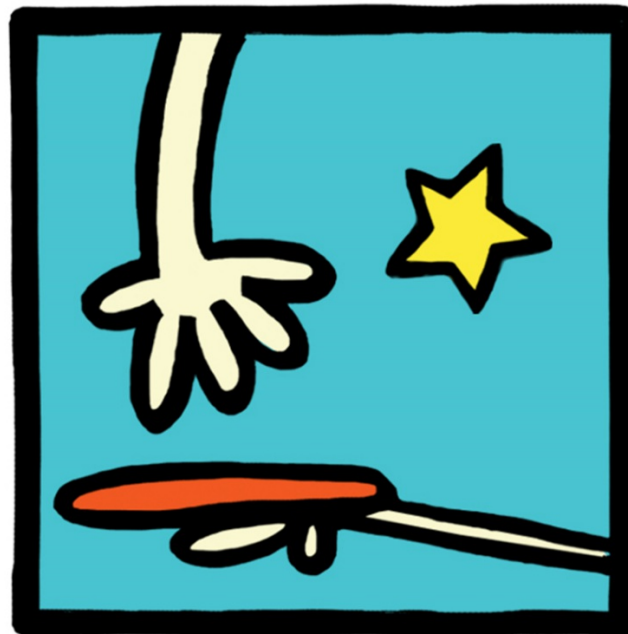
## Move 7



Two fingers on the dance floor for a  
dance off! Which two will it be?

★ Now the other hand ★

Move 8  
Turn your SauSage into a piano!



Pia, pia, piano! Let your fingers go!

★ Now the other hand ★

## Move 9



Ball it, Squeeze  
between two palms

...Nip and pinch, nip  
and pinch. What are  
you making?

**A pizza**

Show your  
friends in Slow mo!

## Move 10


Ball it, Squeeze it  
between two palms,  
nip and pinch the middle  
till your thumb goes  
through...

It's a  
dough-Nut!



Let the other Tommy thumb have a turn!



Now put your dough to sleep! →  good night

