

We have been looking at sadness and happiness in our RE this week.

Can you tell your grown-up about a time that you felt sad. What helped you to feel happy again?

Which colours made you feel happy?  
Which colours made you feel sad?

Listen to the story of *The Lonely Tree*.

Which parts of the story are happy?

Which parts of the story are sad?

Now have a go at your job!

Can you write the sad parts of the story around the tree? Then colour in the sad half with colours that make you feel sad.



Can you write the happy parts of the story around the tree? Then colour in the happy half with colours that make you feel happy.

