

# natterhub

## Family Agreement

### I will...



**Think It** - I will tell a trusted adult if something makes me feel uncomfortable, sad, or unsafe.



**Feel It** - I will communicate respectfully online and I will be kind to others.



**Learn It** - I will not pretend that I made something that's not actually my own work.



**Mind It** - I will respect myself and others when I'm online.



**Chat It** - I understand the right way to talk with people, online or face-to-face.



**Balance It** - I will balance my screen time with other activities. I respect my family's decisions about when I'm allowed to use screens.



**Question It** - I know that not everything I read, hear, or see online is true.



**Secure It** - I will protect myself online by not giving out any information without my family's permission.

### In exchange, my family agrees to...



Understand that being online is a big part of my life, even if they don't always understand why.



Talk with me about what worries them and why, before saying "no."



Talk to me about my interests and help me find stuff that's appropriate and fun to do both online and offline.



signed by me



signed by my family

# natterhub

## Family Agreement

### I will...



**Think It** - I will tell a trusted adult if anyone online makes me feel uncomfortable, sad, or unsafe. I will recognize that my safety is more important to my family than anything else.



**Feel It** - I will communicate kindly when I use the Internet or my devices. I will not tease, embarrass, or bully others.



**Learn It** - I will not pretend that I created something that's not actually my own work.



**Mind It** - I know that the Internet is public and that I have a digital footprint. I will respect myself and others when I'm online.



**Chat It** - I understand that communicating online is different than talking to someone face-to-face, and how to communicate appropriately.



**Balance It** - I understand the importance of balancing my screen time and I will continue to enjoy other activities in my life. I will respect my family's decisions about what I'm allowed to watch, play with, or listen to, and when.



**Question It** - I know that not everything I read, hear, or see online is true and will ask when I am when I am unsure if something is trustworthy.



**Secure It** - I will protect myself online by not giving out any private information, such as my full name, date of birth, address, or phone number, without my family's permission and I will keep my passwords private and only share them with my family.

### In exchange, my family agrees to...



Understand that being online is a big part of my life, even if they don't always understand why.



Talk with me about what worries them and why, before saying "no."



Talk to me about my interests and help me find stuff that's appropriate and fun to do both online and offline.



signed by me



signed by my family