

Let's see what's for lunch...

Week 1

Monday

Main Meals

Baked Sausages with Crushed Potatoes & Gravy
3 Veg Macaroni Cheese
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas
Dessert
Chocolate & Sweet Potato Brownie

Tuesday

Main Meals

Beef & Bean Chilli with Wraps
Vegan Bean Chilli with Steamed Rice
Jacket Potato with Baked Beans

Served With

Sweetcorn & Broccoli
Dessert
Courgette & Oat Cookie

Wednesday

Main Meals

Roast Chicken Fillets with Gravy
Vegan Squash, Sweet Potato & Bean Hot Pot
Pasta with Tomato & Basil Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Vanilla Ice Cream

Thursday

Main Meals

Beef & Vegetable Ragu with Penne Pasta
Vegan Vegetable & Chickpea Ragu with Penne Pasta
Jacket Potato with Cheddar Cheese

Served With

Cauliflower & Roasted Carrots
Dessert
Apple & Parsnip Sponge

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Vegetable Fingers, Chips & Ketchup
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas
Dessert
Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday

Main Meals

Beef Bolognese & Penne Pasta Bake
Vegan Bolognese with Spaghetti
Jacket Potato with Baked Beans

Served With

Cauliflower & Green Beans
Dessert
Maryland Cookie

Tuesday

Main Meals

Traditional Beef Lasagne
Vegan Spiced Squash & Potato Samosa
Pasta with Squash & Tomato Sauce

Served With

Carrots & Peas
Dessert
Carrot & Apple Flapjack

Wednesday

Main Meals

Honey Roast Gammon with Gravy
Vegan Bombay Chickpea Burrito
Pasta with Squash & Tomato Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Banana & Cinnamon Sponge

Thursday

Main Meals

Cajun Chicken with Wraps & Spiced Wedges
Vegetarian Toad in a Hole with Mashed Potato & Gravy
Jacket Potato with Cheddar Cheese

Served With

Broccoli & Sweetcorn
Dessert
Cherry Shortbread

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Boston BBQ 3 Bean Stew with Baked Jackets
Pasta with Squash & Tomato Sauce

Served With

Baked Beans & Peas
Dessert
Vanilla Ice Cream

Freshly Baked Bread:

Beetroot & Herb or Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday

Main Meals

Homemade Pepperoni Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta with Tomato & Vegetable Sauce

Served With

Classic Coleslaw & Sweetcorn
Dessert
Cinnamon Apple Crumble with Custard

Tuesday

Main Meals

Sticky Soy, Vegetable & Beef Stir Fry with Steamed Rice
Vegan Roasted Ratatouille with Herby Crumble Topping
Jacket Potato with Baked Beans

Served With

Broccoli & Cauliflower
Dessert
Sultana & Oat Cookie

Wednesday

Main Meals

Slow Roast Beef & Root Vegetables with Gravy
Vegan Country Vegetable & Bean Pie
Pasta with Tomato & Vegetable Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Fruit Jelly

Thursday

Main Meals

Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta
Vegetable Chow Mein
Jacket Potato with Salmon Mayonnaise or Baked Beans

Served With

Cauliflower & Roasted Carrots
Dessert
Orange Drizzle Cake

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Mexican Roasted Vegetable & Bean Quesadilla
Wholewheat Pasta with Tomato & Vegetable Sauce

Served With

Baked Beans & Peas
Dessert
Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:

Pesto & Garlic Bread or Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec



BM1StMarks
June 2025

All products are subject
to availability

pabulummm
HONESTLY GOOD FOOD