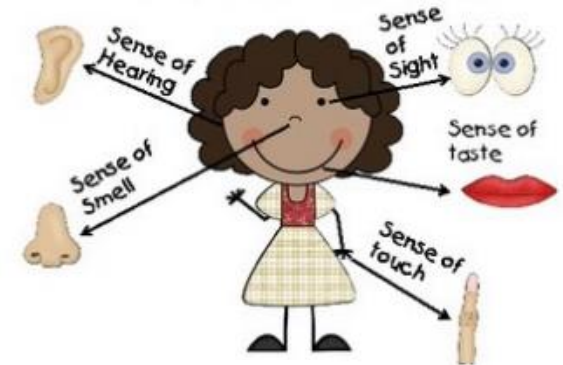


# Sensational Senses Knowledge Organiser

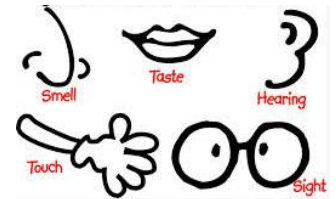
## The Five Senses



What parts of the body can you name?  
Can you sing 'Head, shoulders, knees and toes' and point to the correct body parts?



What are your five senses?  
Why are they so important?

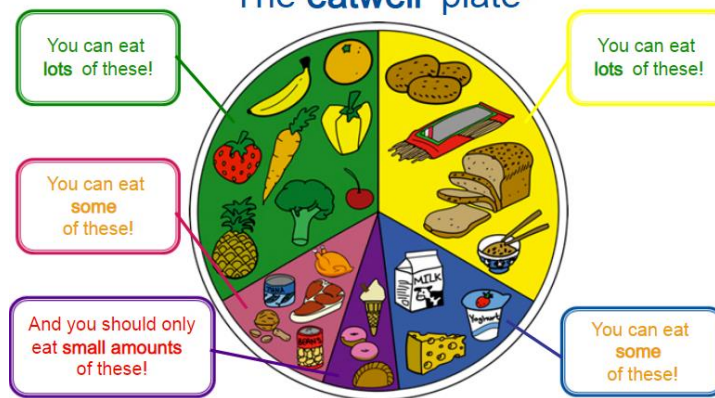


Can you use your senses to explore

Things to try at home to support learning...

- Go on a senses walk around your garden or a nearby park. What do you notice?
- Draw some things you can see from your bedroom window.
- Try some cooking or baking together. What does it taste like?
- Find a new recipe and try it out.

## The eatwell plate



Do you know what makes a healthy diet?

What fruit and vegetables can you name?

The eatwell plate makes healthy eating easier

