

Windmill Hill Packing List 2023

Clothing is likely to get wet and/or dirty, so practical old clothes are fine – you shouldn't need to buy new. Some rough guidelines for packing:

- Packed lunch in disposable bag (please don't pack this in suitcase – keep out for Monday)
- Waterproof jacket/coat (please don't pack this in suitcase – keep out for Monday)
- Trainers/walking boots/sturdy shoes (please don't pack these in suitcase – keep out for Monday)
- A maximum of £10 spending money in a named purse/wallet (to be handed in to adults Monday morning) No more than £3 to be spent on sweets
- Medication (if needed – handed in to adults Monday morning)
- Socks and underwear for 5 days (allow some extra in case of wet weather and 2 sets for wearing during our water activities)
- Nightwear (nothing too fleecy/thick as the rooms do get quite hot)
- 1 bath towel
- Toiletries in a bag (no sprays of any kind and no alcohol-based mouthwash)
- A few pairs of jogging/tracksuit bottoms/trousers (jeans are not as suitable for activities)
- 5 T-shirts or tops (ensure at least 2 are long sleeved for activities where arms need to be protected)
- A set of clothes which can be worn when doing water sports. These don't need to be waterproof but old ones as they are unlikely to dry during the trip!
- At least 2 jumpers or sweatshirts
- Optional swimming costume/trunks (if preferred when doing water sports to wear under clothes)
- Waterproof trousers (not essential)
- Cheap/old trainers which can get wet (for wearing when rafting and/or canoeing)
- A set of 'disco' clothes
- A sleeping bag or duvet
- A pillow
- One small or medium sized 'cuddly' toy to sleep with/competitions!
- A bin liner (for dirty clothes)
- A water bottle labelled with name
- A disposable camera/cheap digital camera – not linked to a phone (cameras are optional)
- Small torch for evening activities (not essential)
- Lip balm
- Playing cards, note book etc (nothing electronic)