

## PSHE Yearly Overview of Units 2023-2024

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Park Safety – 5 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Marriage – 1 lesson (KAPOW Y5 L3 – see link below)</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Get HeartSmart – 7 lessons</li> <li>Inactive lifestyles – 1 lesson</li> <li>Natterhub</li> </ul>
Autumn 2	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>First aid (asthma and burns) - 2 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>First aid (choking and head injuries) – 2 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>	<ul style="list-style-type: none"> <li>Don't Forget to Let Love In – 7 lessons</li> <li>First aid (life support and bleeding) – 2 lessons</li> <li>Natterhub</li> <li>Anti-Bullying Week</li> </ul>
Spring 1	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Body part names and appropriate touch (2 lessons)</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Sleep Factor – 1 lesson</li> <li>First aid (calling for help) – include in H/S</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Too Much Selfie Isn't Healthy – 7 lessons</li> <li>Stereotypes – 1 lesson</li> <li>Natterhub</li> </ul>
Spring 2	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Medicine safety – 2 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Dental Health – 1 lesson</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Building site, parks and bridge safety – 5 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Mental Health and Emotional Wellbeing – 4 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Don't Hold Onto What's Wrong – 7 lessons</li> <li>Natterhub</li> </ul>
Summer 1	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>Sleep Factor – 1 lesson</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>First aid (allergies) – include in H/S</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>Sun Safety - 1 lesson (KAPOW UKS2 L7 – see link below)</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>Anti-Social Behaviour – 5 lessons</li> <li>Natterhub</li> </ul>	<ul style="list-style-type: none"> <li>Fake is a Mistake – 7 lessons</li> <li>Peer Pressure – 4 lessons</li> <li>Natterhub</li> </ul>
Summer 2	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Mental Health and Emotional Wellbeing – 4 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Mental Health and Emotional Wellbeing – 4 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Puberty – 3 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>No Way Through Isn't True – 7 lessons</li> <li>Sex Education – 3 lessons</li> <li>CAP Money – 3 lessons</li> <li>Natterhub</li> <li>NSPCC Speak Out, Stay Safe</li> </ul>